



M E L É Y O G A

C L A S S S C H E D U L E

J a n 2 0 2 5

	MON	TUE	WED	THURS	FRI	SAT	SUN
A M			Gentle & Chair Yoga East Clandon Village Hall 08:45 - 09:45		Gentle Yin Yang Yoga & Coffee Morning Leatherhead 10:00 - 11:15 (12:30)		
		Yin Yang Yoga Beaverbrook 11:15 - 12:15	Yin Yang Yoga Nuffield Health 10:30 - 11:30				
P M	Yin Yang Yoga Little Bookham Village Hall & Zoom 17:30 - 18:40		Yin Yoga Sequoia Yoga 13:00 - 13:45	Yin Yang Yoga St Martins Hall, E Horsley 19:15 - 20:25			Restorative Yin, Sound Massage and Meditation St Martins Hall, E Horsley 17:00 - 19:00
				Monthly Restorative Yin & Sound St Martins Hall, E Horsley 20:35 - 21:35			

Green - Mele Yoga Open classes. Book via my website. Open schedule reduces in the holidays.

Purple - Book Direct with Studio / Members Club / Corporate Classes

Starting 10th January 2025 - Subject to change. v1.0

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